

**Dr K Gupta Practice  
Patient Representative Group**

Monday 11<sup>th</sup> July 2016 at 3.00pm  
Bridgewater Medical Centre, Henry Street, Leigh.

**Attendees:**

Christine Charlesworth	Vernon Charlesworth
Hilary Spencer	Michelle Farrell – Practice Manager
Dorothy Grundy (stroke survivor) Think Ahead Charity	Carol Sankey Think Ahead Stroke Info Centre
Sue Rimmer Community Support Officer Think Ahead	

**Apologies:** Barry Spencer (poorly)

**Agenda**

	<p>Michelle chaired the meeting and also took the minutes.</p> <p><b>Minutes / Actions from last Meeting</b></p> <p>The minutes of the last meeting held on Monday 9<sup>th</sup> May 2016 and action points were agreed as accurate and accepted by members present. Apologies were received from Barry Spencer.</p> <p><b>Locality PRG Update</b></p> <p>Michelle e-mailed a copy of the minutes received for the last Locality PRG meeting to all PRG members for their perusal. No one had any comments about the minutes sent, and Michelle informed the PRG members that she would forward copies of all minutes from the Locality PRG meetings as soon as she received them for future meetings / discussions.</p> <p><b>THINK AHEAD STROKE ASSOCIATION</b></p> <p>Michelle asked the PRG members at the last practice meeting if they would like her to arrange for Think Ahead (Stroke) Charity to come in and talk to the PRG members about their charity organisation and what they could do to help the general public of the Wigan Borough who had suffered, or knew someone who had previously or recently been diagnosed with a stroke. The PRG Members indicated that they would welcome this at the next meeting so Michelle arranged this.</p> <p><b>Carol Sankey</b> who works for the Think Ahead Stroke Information Centre, which is based in Ince, Wigan attended the meeting along with <b>Dorothy Grundy</b> and <b>Sue Rimmer</b>.</p> <p>Dorothy is a stroke survivor and a (BUDDY) for the Think Ahead Stroke Information Centre, it was interesting to hear Dorothy talk about her life before, during and after she suffered from a stroke, and to praise all the help and support that she had received from Think Ahead, which is why she now volunteers to do (BUDDY) work for the Charity to promote her experience of stroke survival.</p>	<p><b>MF</b></p> <p><b>MF</b></p> <p><b>MF</b></p>

	<p>Sue – who is the Community Support Development Officer spoke about what Think Ahead is able to offer people following stroke.</p> <ul style="list-style-type: none"><li>• 6 week programme for stroke survivors and also help for their carers</li><li>• Self Help Groups</li><li>• Newsletter which lists all activities (such as art classes, photography, knitting, card making, and they have recently started a fishing club).</li></ul> <p>We were also informed that Think Ahead hold fortnightly meetings at St Peter's Pavilion in Hindley, these are drop in meetings for anyone wishing to attend.</p> <p>A copy of the Newsletter and some advice/ Information about THINK AHEAD was given to Michelle who agreed to put some copies on the main reception desk for patients to engage if they so wish.</p> <p>Michelle also said that she would allocate one of her reception staff to be a lead for the stroke patients within the Practice and that she would ask the receptionist to contact all the patients on the stroke register to pass the contact number on for THINK AHEAD if the patient wanted to engage with them, but also to explain that they would be able to offer lots of help both for the stroke patients and / or their carers if they had one.</p>	<p style="text-align: center;"><b>MF</b></p> <p style="text-align: center;"><b>MF</b></p>
	<p><b>Any Other Business</b></p> <p>No one had AOB to discuss, other than to say that the THINK AHEAD presentation was very helpful.</p>	

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	<p><b>Date and time of next meeting</b></p> <p><b>Monday 12<sup>th</sup> September 2016 at 3.00pm.</b></p> <p><b>Please let me know if you are unable to attend as soon as possible?</b></p>	
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